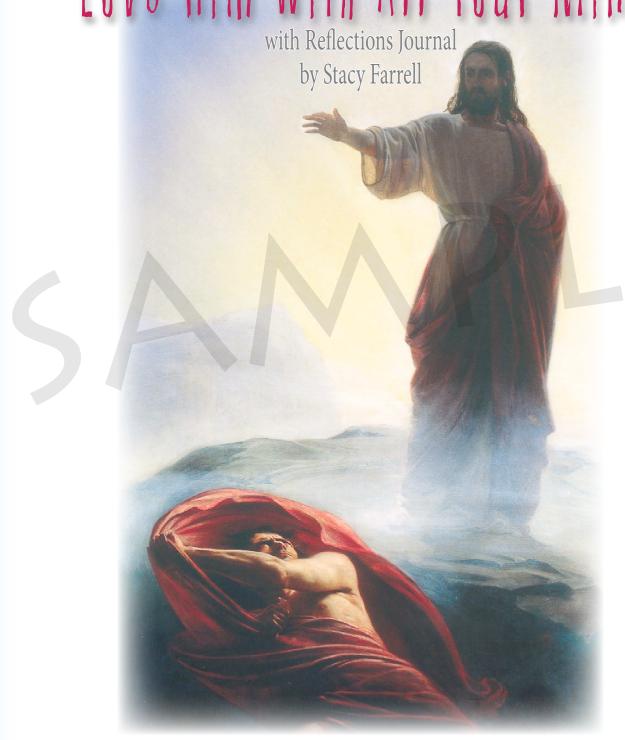
# PHILIPPIANS IN 28 WEEKS "Love Him with All Your Mind"



% A Home School Adventure Co. Publication ≪

## PHILIPPIANS IN 28 WEEKS "Love Him with All Your Mind"

with Reflections Journal by Stacy Farrell

% A Home School Adventure Co. Publication ≪

## Philippians in 28 Weeks with Reflections Journal by Stacy Farrell

Copyright 2012 Stacy Farrell

All rights reserved. No part of this publication may otherwise be published, reproduced, stored in a retrieval system, or transmitted or copied in any form or by any means now known or hereafter developed, whether electronic, mechanical, or otherwise, without prior written permission of the publisher.

Illegal use, copying, publication, transfer or distribution is considered copyright infringement according to Sections 107 and 108 and other relevant portions of the United States Copyright Act. Permission is granted to photocopy literary analysis journal questions for exclusive use within your own family. Please contact the publisher for a co-op or license: http://www.homeschooladventure.com.

"Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway Bibles, a publishing ministry of Good News Publishers. Used by permission. All rights reserved."

Cover Design: Stacy Farrell, Roger Dean Farrell, and Ryan Casey Farrell Cover Art: "Denying Satan" (1850) by Carl Bloch (1834-1890)

This edition published and printed by *Revelation Press a division of*Home School Adventure Co.
P. O. Box 162
South Elgin, IL 60177

ISBN 978-1-937494-00-1

Printed in the United States of America

homeschooladventure.com

#### DEDICATED WITH LOVE

and

#### GREAT APPRECIATION FOR THE MANY SACRIFICES

made by my dear husband Roger Casey Farrell and my precious sons, Roger Dean and Ryan, who, all too often, hear me say, "I can't because I have to...." and, above all, to the One I seek to love "with all my heart, mind, soul, and strength,"

#### WHO WAS THE GREAT SACRIFICE

my Lord and Savior, Jesus Christ.

## CONTENTS

OUR STORY	VII
INSTRUCTIONS	VIII
CHAPTER ONE	1
REVIEW & RECITE	29
CHAPTER TWO	31
REVIEW & RECITE	63
CHAPTER THREE	67
REVIEW & RECITE	91
CHAPTER FOUR	97
REVIEW & RECITE	127
THE LOG	135
THE CARDS	141

#### VII

## PHILIPPIANS IN 28 WEEKS

## "Love Him with All Your Mind"

#### **OUR STORY**

We read Ann Voskamp's blog for years before her best selling book, *One Thousand Gifts*, brought a new voice of radical faith to The New York Times bestseller list. If you follow her blog, you know she often encourages families to memorize Scripture.

Inspired by Ann, one year we decided

to memorize the book of Philippians in the 16 weeks that led up to Easter. We began by reading it once every day, (which requires about 15 minutes from start to finish.)

Although life rarely accommodates a tidy schedule, we committed to reading the entire book every day (whether aloud together or silently alone), and I planned to create strategically formatted flashcards.

#### **PLANS INTERRUPTED**

However, a problem soon arose. As our 16-week period began, speech tournament season for my sons also began. I became so busy coaching them, I did not have the opportunity to make the flashcards.

Eight weeks ticked by before I had the Philippians memory flashcards ready.

#### **PLANS GONE AWRY**

If you have home-schooled for any length of time, most likely you understand how the best plans often go awry. Resources collect dust on our shelves as our lofty intentions fade into the chaos of life. When eight weeks passed and we still did not have memory cards, I recognized the signs of eminent failure....

But I refused to surrender!

We *had* succeeded at reading Philippians every day for two months. Determined, I decided that—whatever it took—I would create the memory cards and we would memorize the book of

Philippians by Easter.

With eight weeks "to spare," I handed each of my sons a set of newly formatted and printed memory cards. Now we had to memorize two cards per week! I knew that was ambitious, so I braced myself for the outcome.



Within three weeks, I learned something quite significant: daily efforts pay huge dividends.

Because we had faithfully read the entire book every day, the verses had been etched upon our hearts. Once my sons had the memory cards in hand, it took them less than a month to fully

memorize the entire book.

Wowl

In fact, by reading the book of Philippians every day, they "could not help but memorize it" (and meditate upon its content).

They were surprised and satisfied by the outcome of their efforts. Today, when it comes to the book of Philippians, they are "walking epistles."

## INSTRUCTIONS

#### **DELIGHTFUL & PAINLESS**

It is easier to share the Word of God when it is etched upon your heart. *Philippians in 28 Weeks* is a delightful and painless way to commit the entire book of Philippians to memory. Are you ready to become a "walking epistle"?

#### **TAKE THESE STEPS**

#### 1. READ the book of Philippians every day.

Daily reading is the key to your success. When you read the book every day, your mind absorbs and automatically begins to retain its content. Read either your Bible or the set of memory cards, but, whichever you chose, *read*. Even if you get busy and do not have time for any other related activity, make time to read the entire book of Philippians *every day*.

#### 2. RECORD your insights in the journal.

Day 1—Copywork: Each week's verses are presented with a space to copy them. (This can be a profound penmanship practice opportunity—give it your best!)

*Day 2—Questions:* Do not merely memorize the verses; ponder them. The questions listed under "Reflections" can be answered in writing or by discussing them.

Day 3—Summary: "The Word of God is living and active" (Hebrews 4:12). If you allow these words to penetrate your soul, they will transform you. They will begin to do the "good work" that will one day be completed. Record your discoveries in the space provided at the end of each week's section.

- **3. REPEAT** your current week's verses daily. Carry the cards with you and seize opportunities to read your verses silently or aloud.
- **4. REVIEW & RECITE** from memory. At the end of each week, recite aloud to another person all the cards you have completed.
- 5. RETAIN what you have memorized by reciting all of your memorized verses at the start of each week. Test your retention using the **recitation charts** found in your *Reflections Journal* at the end of each chapter. Take a week to review, and then ask someone to "grade you" as you recite from memory all the verses you have learned.

*Grading*: The person grading places an "X" beside every verse you recite correctly or circles any word you miss (and leaves the box beside the verse blank). Words matter. Strive for precision. If necessary, the grader can prompt you, but only after pausing to allow time for you to naturally recall the next verse.

To grade your results, count the number of "Xs"

(accurately recited verses) and divide that number by the total possible (which will vary depending on how many weeks you have completed). The result will give you a percentage grade that can be converted to a letter grade according this chart. (If you score below 65%, ask yourself whether you are truly following instructions.)

Grade Conversion			
$A^{+}$	98-100%		
A	94-97%		
A-	90-93%		
$B^+$	85-89%		
В	80-84%		
B-	75-79%		
C+	70-74%		
С	65-69%		

#### THE LOG

Grades are not essential; accountability is. To help inspire you and keep you on track, we created a log where you can document your efforts to "love Him with all your mind."

Each week has a row labeled with the required activity and a weekday column with a check box. Check

Weekly Activities			
Read	x5		
Record	x3		
Repeat	x5		
Recite	x1		

the corresponding box when you complete an activity. (See the chart for the frequency for each activity.)

### TO WHOM MUCH IS GIVEN...

As you labor through these 28 weeks, remember: the Bible is illegal or banned in many countries. Yet throughout history, countless believers have risked (and many lost) their lives and sacrificed their freedom to spread its message of God's love and salvation.

In our house, we have an entire bookshelf lined with an assortment of Bibles. But having Bibles on display is one thing; reading them and sharing the Gospel is another.

One day we will stand before Holy God and give an account for how we managed the resources He has entrusted to us. Are we handling those resources and exercising our freedom responsibly?

You might ask yourself the same question....

## CHAPTER ONE

### ≫ WEEK1 ~

1:1

Paul and Timothy,
servants of Christ Jesus
to all the saints in Christ Jesus
who are at Philippi,
with the overseers and deacons:

A			
	1:2	200	
	Grace to you and pe		
	from God our Fath	ner	
	and the Lord Jesus C	Christ.	
	1:3		
I thank	k my God in all my remen	nbrance of you,	

## always in every prayer of mine for you all making my prayer with joy,

1:5
because of your partnership in the Gospel
from the first day until now.

1:6
And I am sure of this,
that he who began a good work in you
will bring it to completion
at the day of Jesus Christ.

## ≫ Reflections <</p>

1. What does it mean to receive grace?

2. Is peace important to you? Why or why not?

3. Who began "the good work" and what do you suppose will happen when it is completed?

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:

6

### ≫ WEEK 2 ≪

1:7

It is right for me to feel this way about you all,
because I hold you in my heart,
for you are all partakers with me of grace,
both in my imprisonment
and in the defense and confirmation of the Gospel:

1:8 For God is my witness, how I yearn for you all with the affection of Christ Jesus.  1:9 And it is my prayer that your love may abound more and more, with knowledge and all discernment,			
For God is my witness, how I yearn for you all with the affection of Christ Jesus.  1:9  And it is my prayer that your love may abound more and more,			1
For God is my witness, how I yearn for you all with the affection of Christ Jesus.  1:9  And it is my prayer that your love may abound more and more,			
For God is my witness, how I yearn for you all with the affection of Christ Jesus.  1:9 And it is my prayer that your love may abound more and more,			
For God is my witness, how I yearn for you all with the affection of Christ Jesus.  1:9  And it is my prayer that your love may abound more and more,		1:8	
how I yearn for you all with the affection of Christ Jesus.  1:9  And it is my prayer that your love may abound more and more,			
1:9 And it is my prayer that your love may abound more and more,		·	
And it is my prayer that your love may abound more and more,			
And it is my prayer that your love may abound more and more,			
And it is my prayer that your love may abound more and more,			
And it is my prayer that your love may abound more and more,			
And it is my prayer that your love may abound more and more,			
And it is my prayer that your love may abound more and more,			
that your love may abound more and more,		1:9	
·		· - ·	
with knowledge and all discernment,	t	hat your love may abound more and more,	
		with knowledge and all discernment,	

#### 1:10

## so that you may approve what is excellent, and so be pure and blameless for the day of Christ,

1:11
filled with the fruit of righteousness
that comes through Jesus Christ,
to the glory and praise of God.

### ≫ Reflections <</p>

1. Imagine for a moment that you have been imprisoned for your faith. Who would you yearn to see and why?

2. Pray for that person. Insert his or her name in the verse below and recite it as a prayer:

And it is my prayer
that \_\_\_\_\_\_'s love may abound
more and more,
with knowledge and all discernment,

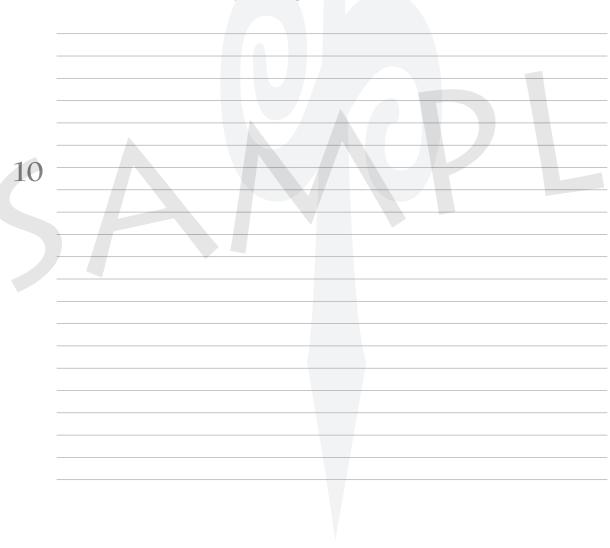
so that \_\_\_\_\_ may approve what is excellent, and so be pure and blameless for the day of Christ,

filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.

3. What might "the fruit of righteousness" specifically look like in your life? (Love, joy, peace, patience, kindness, goodness, faithfulness....)

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:



	has really served to advance the gosper
	1:13
	so that it has become known
	throughout the whole imperial guard
	and to all the rest
	that my imprisonment is for Christ.
	1:14
	And most of the brothers,
	having become confident in the Lord
	by my imprisonment,
are	e much more bold to speak the word without fear.
	- -

1:16

The latter do it out of love,
knowing that I am put here
for the defense of the gospel.

### ≫ Reflections <</p>

1. Why do you suppose Paul's imprisonment actually served to advance the Gospel?

2. How do you imagine you would feel if your pastor or another church leader was imprisoned for preaching the Gospel? What would you do?

13

3. What are some wrong motives for preaching Christ? Can there be short-term benefits for preaching from wrong motives? Explain your answer.

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:



1:17
The former proclaim Christ out of selfish ambition, not sincerely but thinking to afflict me in my imprisonment.

, ,	
1:18	
What then?	
Only that in every way,	
whether in pretense or in truth,	
Christ is proclaimed,	
and in that I rejoice.	
Yes, and I will rejoice,	

## for I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance,

this will turn out for my deliverance,
1;20
as it is my eager expectation and hope
that I will not be at all ashamed,
but that with full courage now as always
Christ will be honored in my body,
whether by life or by death.
1:21
For to me to live is Christ, and to die is gain.

### ≫ Reflections

1. Have you ever experienced persecution for doing or saying what is right? If not, did you ever remain silent to avoid persecution when you know you should have spoken? Describe your experience.

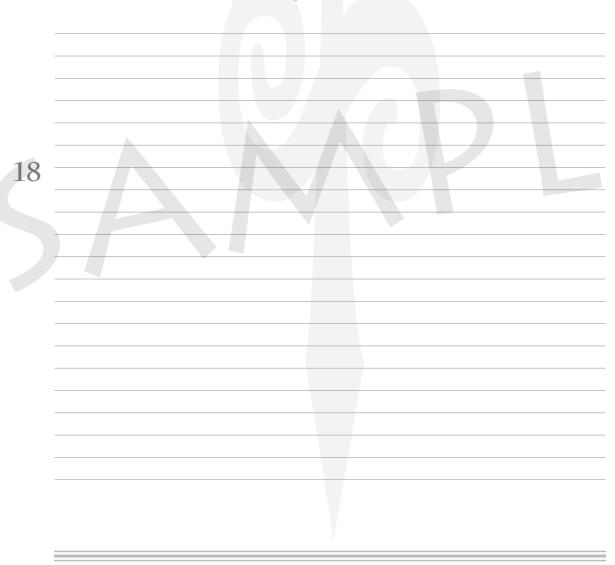
2. What do you perceive to be your ultimate purpose in life?

17

3. What does Paul mean in verse 1:21, "...to live is Christ, and to die is gain"?

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:





1:22

If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell.

1:23 I am hard pressed between the two.	
My desire is to depart and be with Christ,	
for that is far better.	
<u> </u>	
1:24	
But to remain in the flesh	
is more necessary on your account.	

## 1:25 Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith,

1:26

so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.

## ≫ Reflections ≪

1. What might "fruitful labor" look like in your life?

2. Is Paul really saying that to depart / physically die is far better than to live? If so, why?

21

3. If heaven is so much better than living in the fallen world, why are we here and how should we live?

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:



#### ≫ WEEK 6 ≪

1:27

Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you are standing firm in one spirit, with one mind striving side by side for the faith of the gospel,

#### 1:28

and not frightened in anything by your opponents.

7 7 11
This is a clear sign to them of their destruction,
but of your salvation,
and that from God.

## For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake,

### engaged in the same conflict that you saw I had and now hear that I still have.

24

### ≫ Reflections

1. What does unity look like within your family?

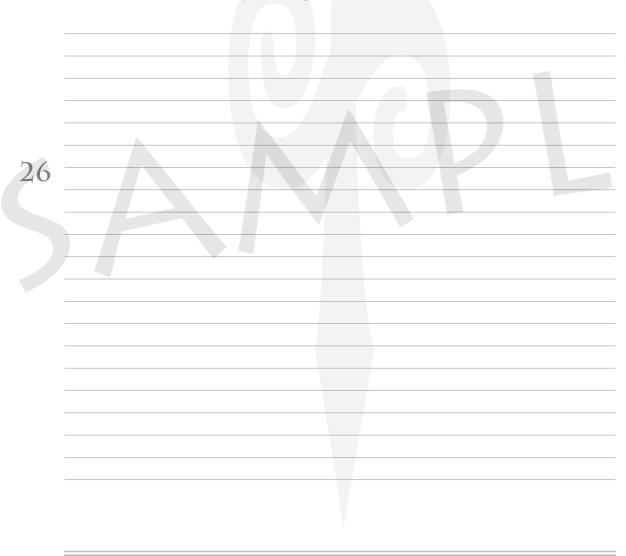
2. Why did Paul say that the lack of fear displayed by believers was a clear sign to their opponents of the opponents' ultimate defeat and destruction?

25

3. Were you surprised to learn that believers have "been granted" to suffer for Christ's sake? Why is suffering for Christ's sake a privilege?

## WHAT HAVE YOU LEARNED THIS WEEK ABOUT THE LOVE OF GOD THROUGH READING THE BOOK OF PHILIPPIANS?

Record your insights and observations here:





### ≫ WEEK 7 ≪

## REVIEW & RECITE

## Show Yourself Approved 2 Timothy 2:15

#### Philippians Chapter 1 (ESV)

<sup>1</sup> Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus who are at Philippi, with the overseers and deacons:
<sup>2</sup> Grace to you and peace from God our Father and the Lord Jesus Christ.
<sup>3</sup> I thank my God in all my remembrance of you,
<sup>4</sup> always in every prayer of mine for you all making my prayer with joy,
<sup>5</sup> because of your partnership in the gospel from the first day until now.
<sup>6</sup> And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.
<sup>7</sup> It is right for me to feel this way about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel.
<sup>8</sup> For God is my witness, how I yearn for you all with the affection of Christ Jesus.
<sup>9</sup> And it is my prayer that your love may abound more and more, with knowledge and all discernment,
<sup>10</sup> so that you may approve what is excellent, and so be pure and blameless for the day of Christ,
<sup>11</sup> filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.
<sup>12</sup> I want you to know, brothers, that what has happened to me has really served to advance the gospel,
<sup>13</sup> so that it has become known throughout the whole imperial guard and to all
the rest that my imprisonment is for Christ.
<sup>14</sup> And most of the brothers, having become confident in the Lord by my imprisonment, are much more bold to speak the word without fear.
<sup>15</sup> Some indeed preach Christ from envy and rivalry, but others from good will.
<sup>16</sup> The latter do it out of love, knowing that I am put here for the defense of the gospel.

29

	<sup>17</sup> The former proclaim Christ out of selfish ambition, not sincerely but thinking to afflict me in my imprisonment.
	<sup>18</sup> What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed, and in that I rejoice. Yes, and I will rejoice,
	<sup>19</sup> for I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance,
	<sup>20</sup> as it is my eager expectation and hope that I will not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death.
	<sup>21</sup> For to me to live is Christ, and to die is gain.
	<sup>22</sup> If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell.
	<sup>23</sup> I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better.
	<sup>24</sup> But to remain in the flesh is more necessary on your account.
	<sup>25</sup> Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith,
0	<sup>26</sup> so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.
	<sup>27</sup> Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you are standing firm in one spirit, with one mind striving side by side for the faith of the gospel,
	<sup>28</sup> and not frightened in anything by your opponents. This is a clear sign to them of their destruction, but of your salvation, and that from God.
	<sup>29</sup> For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake,
	<sup>30</sup> engaged in the same conflict that you saw I had and now hear that I still have.

#### ABOUT STACY FARRELL

STACY FARRELL's worldview changed when she embarked on her homeschooling adventure in 2002.

Her experience in a busy civil rights litigation and constitutional law firm—and



as a freelance writer and consultant—prepared her to teach communications; however, only prayer and practice equipped her to mentor her sons through the character-transformation required to work toward their full potential.

She has taught a variety of classes, including world history, philosophy, creative writing, essay writing, critical thinking, and speech communication. As both a writer and a teacher, she has a passion for empowering teens to recover territory lost to fuzzy thinking and low expectations.

As a freelance writer, she published articles in *Moody*, *Decision*, *The Christian Communicator*, and has written for several websites. Her dramatic scripts have been performed for the youth ministry at Willow Creek Community Church.

She designed and wrote summaries for Pastor Bill Hybel's "Defining Moments" audio newsletter.

Recently, she taught the pilot class for *Philosophy Adventure* $^{\sim}$ , a core curriculum she created that cultivates a student's biblical worldview as it teaches writing,

speaking, critical thinking, world history, and philosophy through the lives and stories of prominent philosophers. *The Wise Woman with Literary Analysis Journal Questions* and *Philippians in 28 Weeks* are resources she created which also cultivate critical thinking skills and a biblical worldview.

In the midst of writing, speaking and teaching, Stacy considers it her greatest privilege to be the wife of her best friend, Roger Casey Farrell, and mother of their two precious sons, Roger Dean and Ryan.

